


```
section_title ,  
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<> Google Developer Student Clubs
```

```
s.star,  
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University of Toronto Mississauga  
Text('23'),
```

devfest

University of Toronto Mississauga

Introduction to the speakers:



Leila Uy

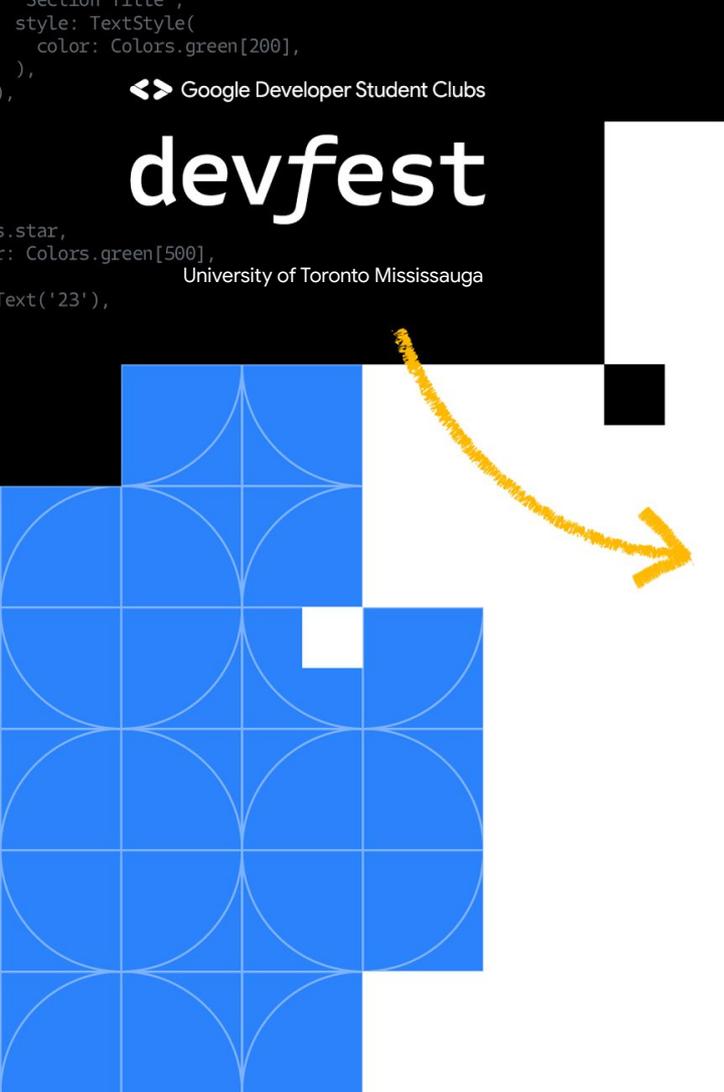
University of Toronto Graduate Student

Jeremy Nguyen

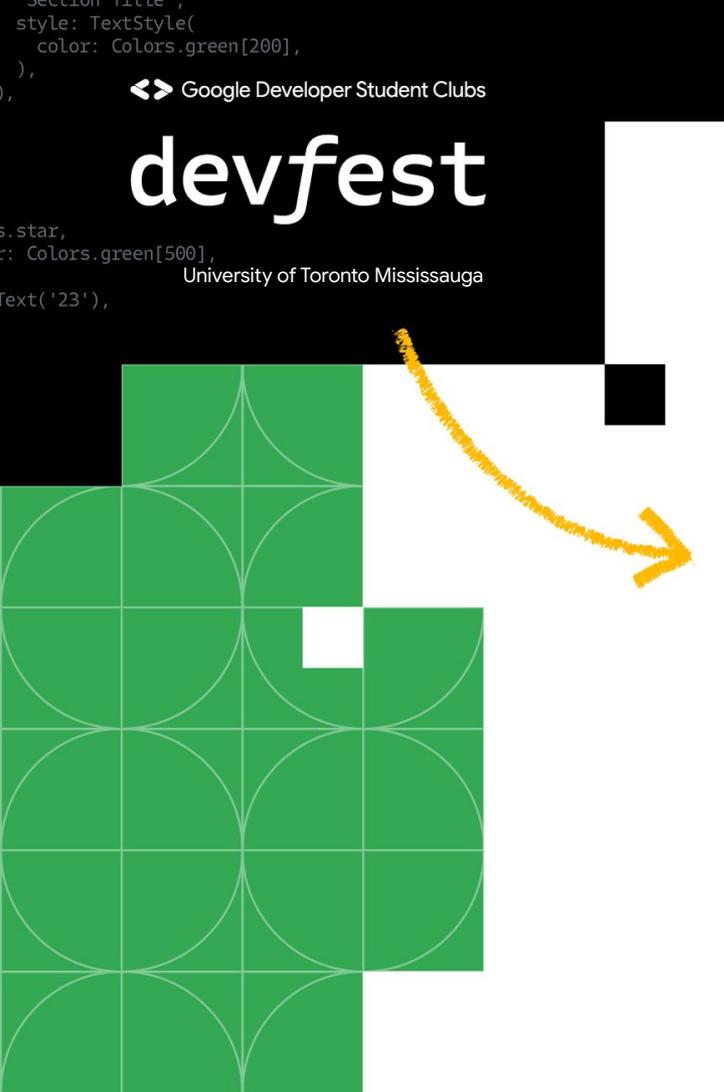
University of Toronto Alumni

Majored in CCIT, minored in Computer Science and Math

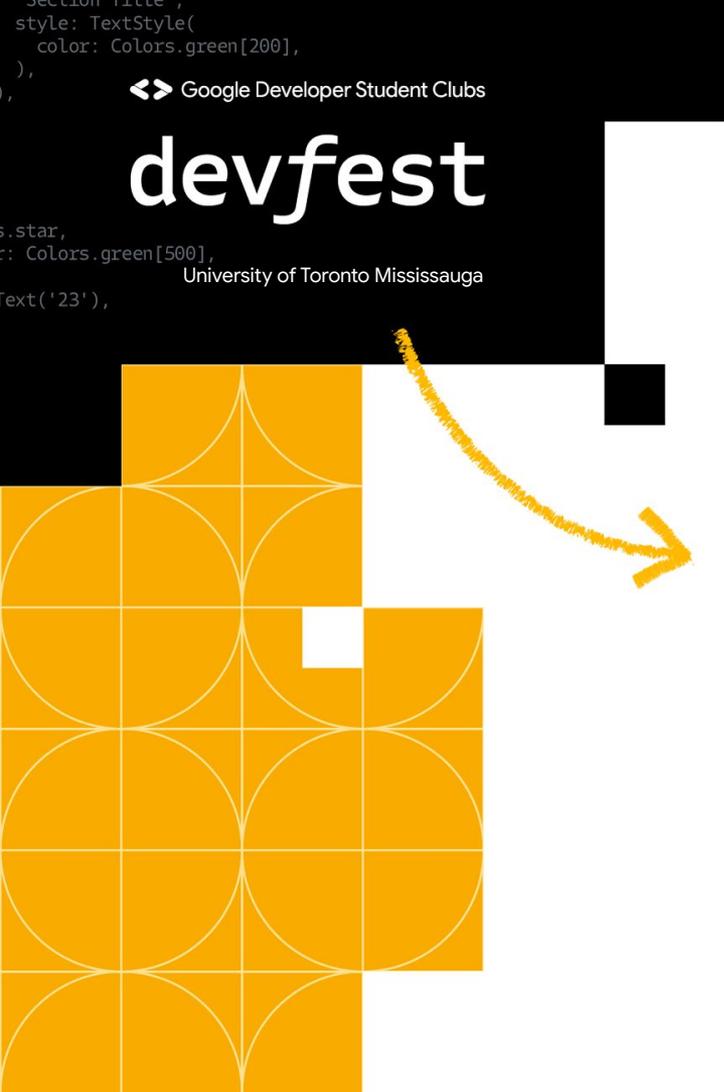




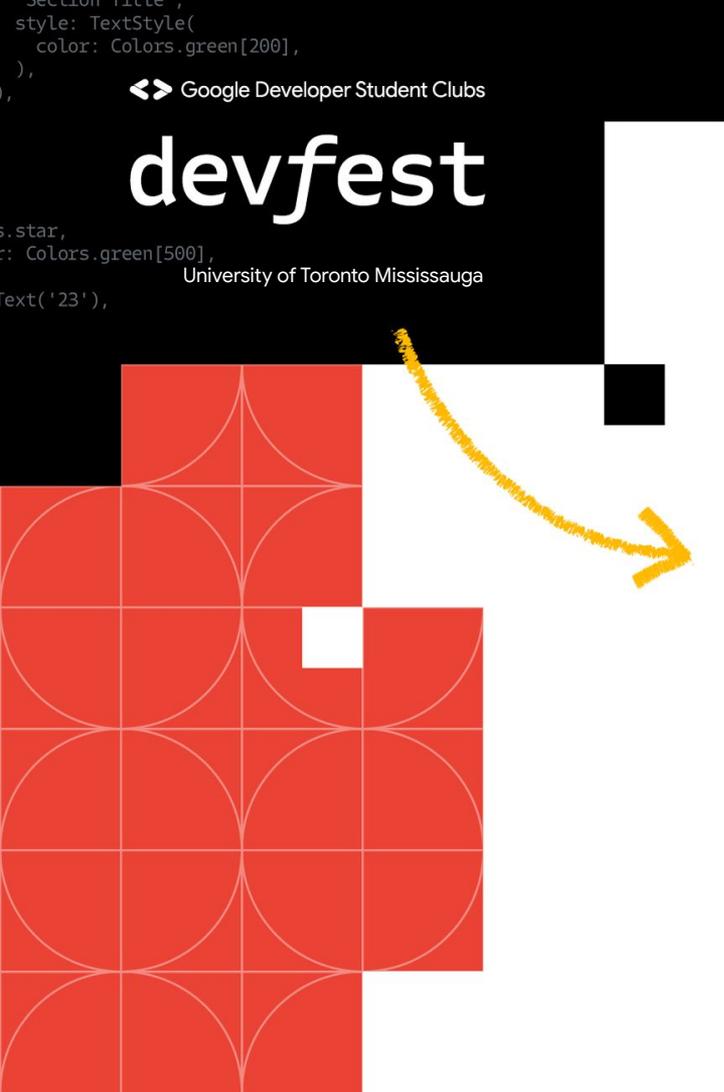
How was/is school-life balance been like for you? Especially in CS program?



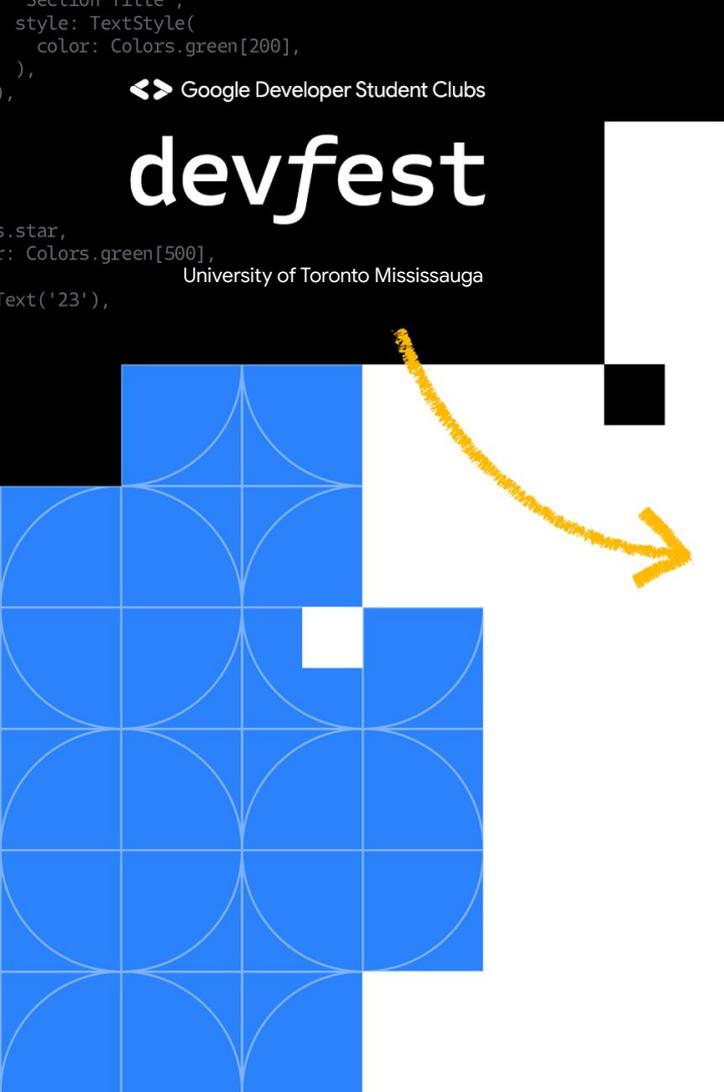
**I don't know if I need
mental health support...
how would you know
when/if you need to get
help?**



What mental health resources should I look into?



**Have you experienced
burnout? If so, how do
you recover?**



I am in a bad space mentally, but have a lot of work. How do/have you personally handled such situations?

Q&A with the panel speakers!



Leila Uy



Jeremy Nguyen

